

## We'd love to hear from you!

John Clode aka Bike It John is the Schools Officer for South Hampshire.

Please get in touch if you have any great walking or wheeling stories or would like to find out more about our school work.

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## Bike It School Dates

- Tuesday 14<sup>th</sup> & Wednesday 15<sup>th</sup> April - Maintenance Lessons at Cams Hill School.
- Monday 20<sup>th</sup> & Wednesday 22<sup>nd</sup> April - Year 2 Scooter Skills at Elson Infant School
- Tuesday 28<sup>th</sup> April - Year 5 Bike Dr at King's Academy Gomer
- Thursday 23<sup>rd</sup> April - Modeshift STARS ATA Junction Campaign
- Thursday 30<sup>th</sup> April - Terry Price Scooter Show at Shakespeare Infant School, their Leg it to Lapland prize!

## Big Walk & Wheel 2026

Across the UK the Hampshire Bike It schools have been part of another record breaking year.

2.3 million journeys were recorded from over 2500 schools taking part, the 12 Bike It Schools taking part added over 22,000 journeys to this remarkable total, with results still coming in!

Each school recorded over 63% active travel during the challenge which is amazing.

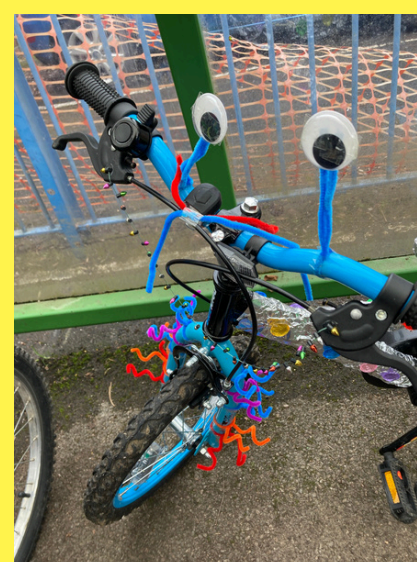
Well done to everyone who made an effort and to the JRSOs, school councillors, teachers and staff for making this happen.

Bike It John was able to spend time with some of the schools before and during the event with Scooter Skills at Elson Infant School, a Bling Your Ride at Shakespeare Infants, Bike & Scooter Drs at Fair Oak Juniors, Gomer Infants, Hiltingbury Juniors and launch assemblies at Stoneham Park, Hiltingbury Juniors and Infants, Boorley Park, and Gomer Infants.

Some particular highlights of visiting as many schools as possible were seeing a child pogo stick to school, and sparks flying from a skateboard!



Sparking skateboards, pogo sticks, Bike & Scooter Dr's and Bling Your Rides



## What's coming up?

### **A Bike Equipment Library for the Hampshire Bike It Schools...is coming soon!**

If you want to try cycling to school with your children, or anywhere else, then we can loan you some great equipment to help you.

There are Burley single and double child seat trailers, front and rear mounted child seats for your bike, pannier racks and bags to help you carry whatever you need, as well as locks, lights and pumps.

You can borrow this equipment for up to 6 weeks to help you decide if you'd like to take the plunge and buy your own. Helping you make cleaner, healthier and happier journeys.

### **Look out for further communication via your school and watch this space!**



### **Bike Bus Trial - Hiltingbury Junior & Infant School**

As mentioned in last month's newsletter, we will be trialing a Bike Bus to the Hiltingbury Schools during the summer term. Bike It John was lucky enough to chat to a few interested families in January but if you are interested too then please fill out this short survey to register your interest in taking part - There is no obligation to join the bus once you've registered!

<https://app.onlinesurveys.jisc.ac.uk/s/sustrans/hiltingbury-bike-bus-interest>

To find out more about Bike Buses please follow the link to the Fridedays page.

<https://www.walkwheelcycletrust.org.uk/campaigns/fridedays-bike-bus/>

### **Useful information:**

#### **Learn to Ride**

Learning to ride a bike for the first time is an individual journey that can be exhilarating and exciting.

Walk Wheel Cycle Trust offers nine easy to follow steps to help children and families on this exciting journey.

[Teach a child to ride without stabilisers in 9 easy steps](#)

#### **Check your Bike**

Want to keep your bike in good shape? Then check out our M-check guide to make sure your bike is safe to ride and working well.

[Walk Wheel Cycle Trust M-Check](#)

### **National Cycle Network**

Created by Walk Wheel Cycle Trust (formerly Sustrans), The National Cycle Network is a UK-wide network of signed paths and routes for walking, wheeling, cycling and exploring outdoors.

In 1979, Sustrans built their first traffic-free path that would become part of the Network, the Bristol and Bath Railway Path.

Over the years many more miles of walking and cycling routes across the country have been created.

To find out more and find a route near you to explore visit:

