



4th November 2022

Dear Parents and Carers,

### ANTI-BULLYING WEEK AND ODD SOCKS DAY – Monday 14<sup>th</sup> November

Anti-Bullying week this year takes place from the 14<sup>th</sup> - 18<sup>th</sup> November. The theme that has been chosen by the Anti Bullying Alliance is 'Reach Out', with a focus on coming together to reach out to stop bullying.

*'Whether it's in school, at home, in the community or online, let's reach out and show each other the support we need. Reach out to someone you trust if you need to talk. Reach out to someone you know is being bullied. Reach out and consider a new approach' (Anti Bullying Alliance)*

To launch our 'Anti-Bullying' week, children are invited to come into school on Monday 14<sup>th</sup> November wearing odd socks for 'Odd Socks Day'. This is a fun opportunity for children to celebrate and appreciate what makes us all unique, to be kind and accepting of each other's differences and most importantly to be ourselves.

It is also 'World Kindness Day' on the 13<sup>th</sup> November. We will be linking this with the learning during Anti Bullying week, focussing on our school rule of 'being kind'. During the week, the children will explore different ways to show kindness to each other at school and at home. We will be using different stories and scenarios to explore the importance of 'being kind' and how it can make others feel.

We look forward to seeing some of the odd socks combinations at the beginning of the week!

Many thanks for your support.

Phillippa Longman and Katie Davies

